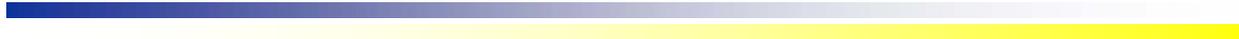




# Rule 15

## The Throw-in



## DEFINITION – THROW-IN

---

Method of restarting play when  
**whole ball has crossed the  
touch line.**

Throw-in awarded to  
**opponents** of the player who  
**last touched** the ball.

---

# REQUIREMENTS

---

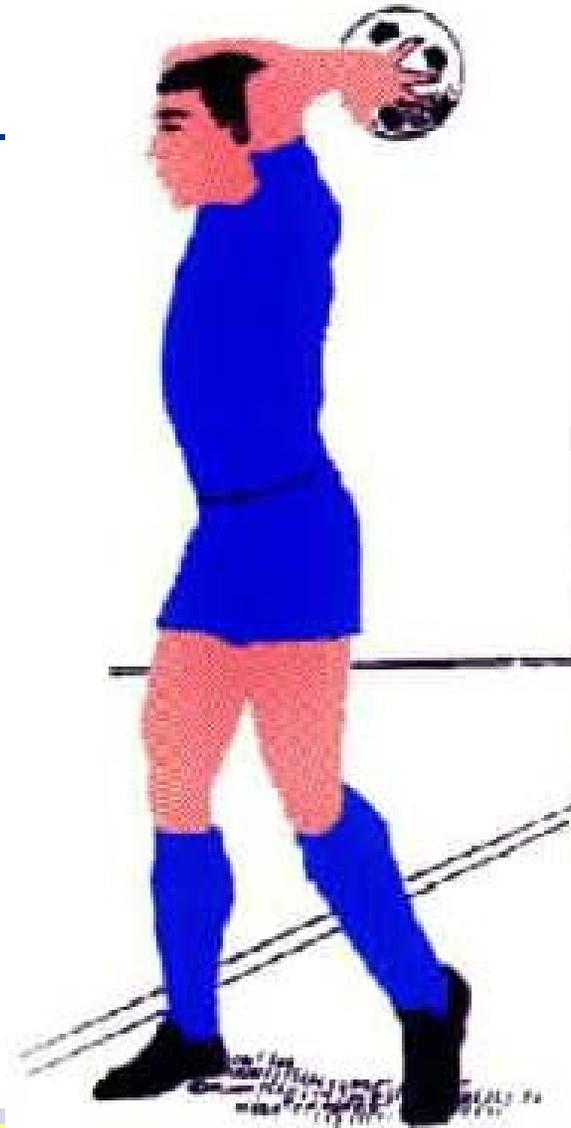
Thrower must:

- y Deliver from point where ball crossed line (within 1 yard)
  - y Face field of play with some part of body
  - y Have part of each foot either on the touch line or on the ground outside the touch line
  - y Use both hands
  - y Deliver ball from behind and over the head
-

# TECHNIQUE

---

- y Face the field of play
- y Deliver ball from behind and over head



# HANDS

---

Both hands on ball --

---



**FAIR**



----if only one hand guiding ball

**FOUL**

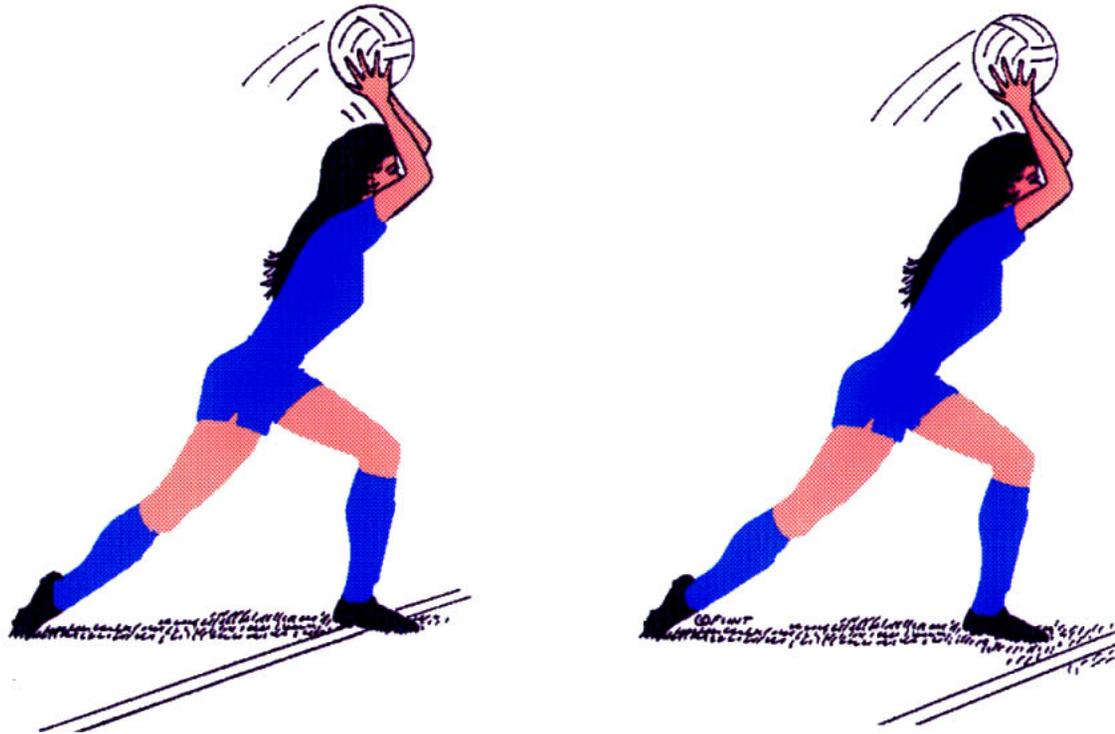
*Use common sense*

---

# LOCATION OF FEET

---

Part of each foot *on* or *behind* touch line



# RESTART

---

Ball is in play when:

- y Ball enters field of play, and
- y Has left hands of thrower

## NOTE:

A “soft” or “slow” throw-in motion is legal.

A properly executed “flip throw” is legal.

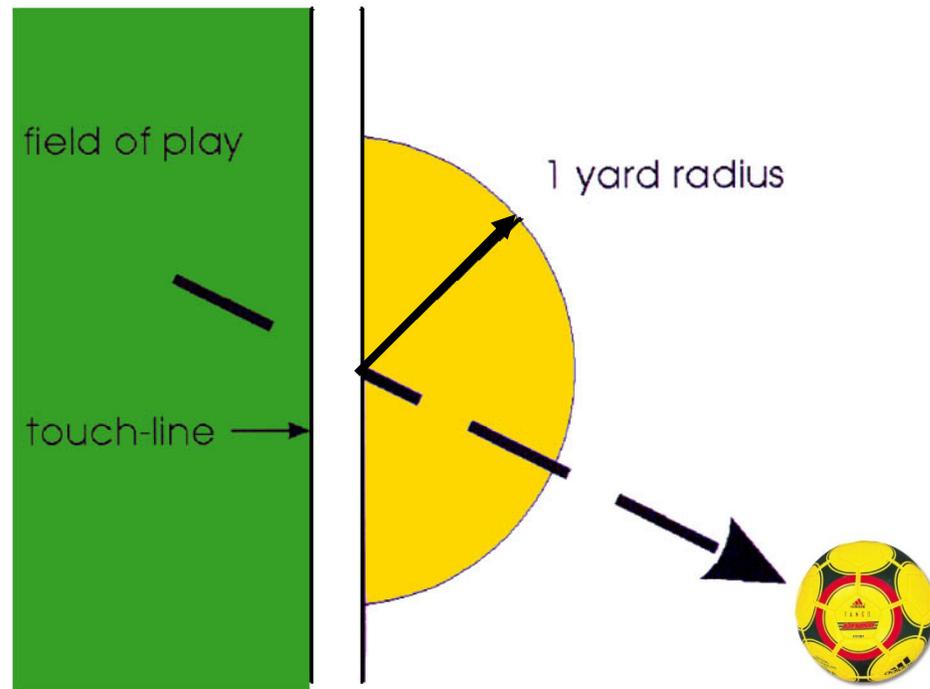
---

# PLACEMENT

---

**Awarded from  
the point where  
it crossed the  
touch line**

**If not, it shall  
be considered  
to be  
**improperly  
thrown****



# REFEREE TECHNIQUE

---

- y Referee should indicate place from which the throw-in should be taken
- y If taken from improper point, throw-in awarded to other team



# INFRACTIONS

---

- y Throwing the ball a second time before it touches another player
    - x “Double touch” - IFK to opponents
  - y Improperly thrown or from wrong point
    - x Throw-in to opponents
  - y Ball thrown directly into opponents' goal
    - x No goal - restart with goal kick
-

# INFRACTIONS

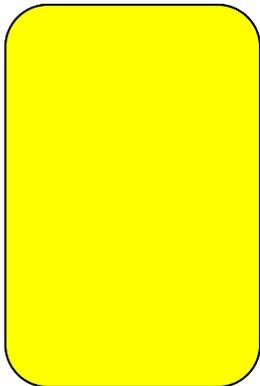
---

- y Ball thrown directly into **own goal**
    - x **No goal** - restart with corner kick
  - y Ball thrown directly into **opponent's goal**
    - x **No goal** - restart with goal kick
  - y Ball does not enter field
    - Opposition throws-in at same spot**
-

# INFRACTION BY OPPONENT

---

- y If an opponent unfairly distracts or impedes the thrower...



they are **Cautioned** for  
“unsporting behavior”  
and shown the yellow card.

**But .... use *Common Sense!***

---